

## 1 General context

### 1.1 Analysing disc developed by Beate Gliedt

This disc forms the centre of problem analyses in spiritual education. It is used within families, for teaching and therapy, but also as a transformation tool in therapy work with the inner child. It is based on the energised Angel Symbols for Children by Ingrid Auer (see 1.2).

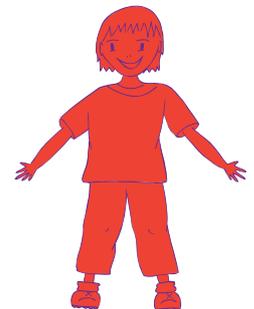
The disc can either serve as an integral meeting point for spiritual diagnosis and therapy, or it offers both children, teenagers and adults a direct access to the Angel Symbols and the spiritual level of their awareness.

Spiritual education, the way Beate Gliedt and Ingrid Auer understand it, should not only refer to the physical, emotional and mental level, analysing and treating it, but also the spiritual level. All the four areas are considered as equal on the analysing disc. Some examples:



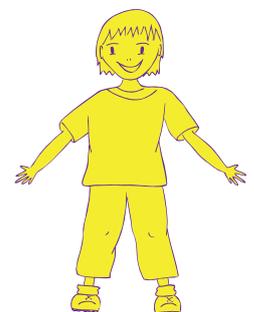
#### Physical level:

- » stimulating the senses through colours and symbols
- » tactile and skilled perception through physical contact with the symbols
- » non-verbal communication – the child does not have to express itself verbally, but through gestures, facial expression, and the way it arranges the symbols on the disc



#### Mental level:

- » self-responsibility through independent choice of the symbols
- » planning of action (= self-determined course of actions)
- » allocating mental blockages to the four levels of awareness (physical, mental, emotional, spiritual)
- » communication tool
- » diagnosis and analysis



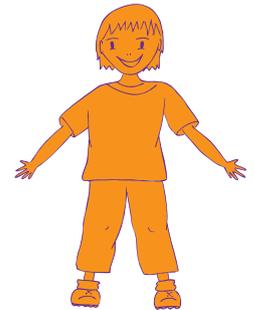
# The spiritual-educational analysing disc (SPEAD)

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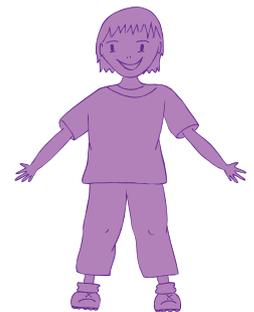
## Emotional level:

- » allowing space for feelings
- » learning to understand oneself
- » dealing with emotional blockages
- » supporting intuition
- » supporting self-acceptance, love of self, etc.



## Spiritual level:

- » noticing and supporting spiritual perception
- » inducing the transformation of subtle-spiritual blockages
- » finding access to the spiritual world
- » developing ways to express one's spirituality
- » showing spiritual fears



## 1.2 The energised Angel Symbols for Children by Ingrid Auer

The core of the analysing disc are the energised Angel Symbols for Children. These symbols are not only the keys to the child's soul, but also subtle-spiritual tools, which can transform blockages. Read more about the symbols under [www.spirituellepaedagogik.com/en/basics\\_spiritual-tools](http://www.spirituellepaedagogik.com/en/basics_spiritual-tools).



Energized Angel Symbols for Children.  
Spiritual tools for family, kindergarten,  
school and therapy

Card set with Guide

ISBN: 978-3902636874

## 2 Applications and areas of analysing for the spiritual-educational analysing disc

### 2.1 Communication tool/ conflict resolution/ transformation for:

- » understanding and solving of arguments
- » emerging of unspoken things
- » noticing and solving blockages
- » building a bridge to positive communication
- » finding positive/constructive criticism and conflict resolution
- » supporting group-dynamic processes
- » telling the essential from the unimportant
- » inducing and supporting developmental changes

### 2.2 Application as Angel Symbol Protection Circle for:

- » protecting children and adults on the different levels of awareness
- » supporting development (perception, language, etc.)
- » developmental support
- » supporting families (e.g. spiritual family-system-therapy with protection circles)
- » healing of the inner child

### 2.3 Observation and analysing tool for situations and persons, for example:

- » analysing different types of learners
- » recognising and supporting undiscovered abilities for spiritual perception
- » in difficult and exceptional circumstances (e.g. divorce, loss)

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## 2.4 2.4 Analysis and transformation with priority topics, such as:

- » ADHD
- » Sexual abuse
- » Burn-out
- » Mobbing
- » Disabilities
- » Behaviour disorders
- » Illnesses
- » Etc.

Beate Gliedt: "WITH THE HELP OF THE ANALYSING DISC THERE ARE NO MORE EDUCATIONAL DEAD ENDS, BUT ONLY SOLUTIONS!"



## 3 Instructions

As soon as we realise and appreciate the analysing disc as an important instrument in spiritual education, it will gain a permanent place in play groups, schools and therapy rooms. In a playful way we create a meeting place for exchange on the physical, mental, emotional and spiritual level.



### Material:

- » A sheet of felt (60 x 60 cm). You can also use cardboard or wood instead. We prefer felt, as it offers more flexibility and takes less space. You could also convert a round table, as described on page 7.
- » string

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- » 2 thick felt-tips
- » ruler
- » picture copies to be found in the annex
- » scissors
- » energized Angel Symbols<sup>1</sup> for Children from the book with the set of cards (also available extra) – ideally the **handmade** original symbols should be used.



## Working steps:



- 1) Take the felt and put it flat on the floor.



- 2) Fix the two felt-tips on the string, with a distance of 30 cm from each other.



- 3) Place the top of the first felt-tip into the centre of the sheet of felt and tighten the string, as to create compasses.

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<sup>1</sup> printouts from the internet or copies of the symbols are not energized and therefore of limited effect

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4) Now draw a circle with these compasses and cut it out afterwards. This makes the area of the analysing disc.



5) For the inner circle fix the string around the second felt-tip with a distance of 4 cm from the first one. Place the first pen into the centre again and draw a smaller circle with the second pen now. The small circle has a diameter of 8 cm.



6) Now make the circle in the middle by fixing the string on the felt-tip at a distance of 15 cm. Place the first pen into the centre again and draw the circle with the second pen with a diameter of 30 cm.



7) Divide the medium circle into four quarters with a ruler. The inner circle remains free.

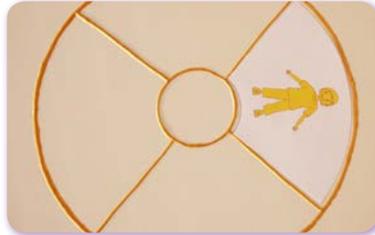


8) Put the Children's Symbols in regular distances between the middle and the outer circle. The analysing disc is almost finished.

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- 9) Cut out the picture copies, which you can find in the annex, and place them in the four quarters of the middle circle.



- 10) Finally put the analysing disc at a place which is easily accessible. It should remain there, so it can be used regularly.



These instructions can be altered, by converting a round table instead of using felt. Draw the circles on the table (photo: table "Roxö" by IKEA)

*You can get documents on Ingrid Auer's download-library, for more information on how to apply the analysing disc in everyday life, diagnosis and therapy. As well as for development support of children and teenagers and analyzing different types of learning.*