# How to do Everyday family life

Angel Aura Essences: Recharge your batteries and enjoy yourself! (Tutorial 3)



# **Energetic Cleansing**



Very sensitive people, for example, children and babies, can perceive these unpleasant and negative energies as burdens and suffer from them. They become restless, aggressive or resigned. They scream, rage or withdraw. Some children can even see these energies. And once they are old enough, they also talk about them.

Rooms, objects, toys, clothes, jewellery, money, old pieces of furniture, properties, etc. – they can all be energetically "contaminated" by their former owners', or other people's emotions. Human emotions are energies that can stick to anything. Normally this is no problem for people, just like viruses and bacteria cannot harm a stable immune system. However, if children and adults react to external energies with fear, nervousness, withdrawal or aggression, it is high time to do something about it.

To energetically cleanse people, a repeated spraying of the Angel Aura Essence above the head is normally sufficient. Depending on the intensity and persistence of the external energy, it can take a few days, or weeks, until you get the desired result and the external energy has been dissolved or transformed.

If you want to cleanse toys, clothes, jewellery, furniture, and the like, from the previous owners' energies, incense is insufficient. In these cases, the Angel Aura Essence "Energetic Cleansing", has proved to be very good. In persistent cases the objects should be sprayed several times. Sometimes it makes sense to let a few days pass between the sprayings. If necessary, use it over a few months.

Incense is often used for energetically cleansing rooms and properties. But sometimes this is not enough. In these cases, the Angel Aura Essence "Energetic Cleansing" should be sprayed additionally.

Practical tip: If large buildings and properties are to be cleansed, we recommend a sort of "pre-cleansing". You need a photo or a small plan of the building or property. Put the bottle of the Aura Essence "Energetic Cleansing" on it for three weeks. Afterwards you spray everything. You do not need so much essence after all. What sounds like hocus-pocus works, because it is transmitted via the global morphogenetic field.

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### A PRACTICAL EXAMPLE

Situation: Simon (aged 7) is always scared when he goes to bed. But he is a bright boy, not normally anxious at all. A Feng Shui consultant notices that his room is ideally furnished and arranged according to Feng Shui, but there is an old cupboard, an heirloom from Simon's great-great-grandmother, which is strongly energetically burdened. Incense cannot make a difference. According to the consultant's recommendation, Simon's mother sprays the cupboard with the Angel Aura Essence "Energetic Cleansing" twice a day for one week. Simon's problems getting to sleep get less and less, and disappear after some time.

Explanation: The heirloom in Simon's bedroom was energetically burdened. Pieces of furniture can save people's negative energies or unpleasant emotions over a long period of time. If the furniture is not energetically cleansed, children and other sensitive people can perceive or feel these energies.

## ENERGETIC CLEANSING OF TOYS, CLOTHES AND FURNITURE:

### A PRACTICAL EXAMPLE

Situation: Ann-Kathrin (aged 4) was given toys from other people's children who had grown out of them. The girl is very happy about the things, but it does not last long. She gets restless and tired as soon as she plays with them. Her mother cleanses the toys with the Angel Aura Essence "Energetic Cleansing", after a friend has recommended her to do so. The problem is immediately solved.

Explanation: The toys Ann-Kathrin was given contained the boys' energetic information (e.g. arguments, aggression, anger, etc.) As the girl is highly sensitive, she perceives these energies and does not know how to handle them. Only the energetic cleansing solves the problem.

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### **ENERGETIC CLEANSING OF PROPERTIES OR ROOMS:**

### A PRACTICAL EXAMPLE

Situation: A family, with two little girls, have been looking forward to moving into their new house. It took the family years to save up for their dream house. Although the girls had been looking forward to playing in their new garden, they quickly lost interest after playing in it for a few times. It felt so "strange", they both explained. Even a little house where they can play, does not lure them into the garden. The parents are helpless and are at a loss to explain it. An energy practitioner is asked, who tests the garden energetically. He notices that there are old burdening energies in the property which presumably date back far into the past. The garden had to be cleansed. The energy practitioner gets a map of the property, marks the energetically burdened spots, and puts the Angel-Combi-Symbol no. 24 "Sonael" on them for some time. Then he walks along the property boundaries and sprays the Angel Aura Essence "Sonael" on the spots marked on his map. Afterwards he cleanses the house with the essence. From this point on, the children like to play in the garden.

Explanation: Properties (walls and buildings) can retain burdening energies and information over centuries. For example, from people who died violent deaths, and were buried on the property. Or through people who lived in the houses unhappily or were ill for a number of years. These negative, or burdening energies, can be transformed into positive and light vibrations with the power of the Angel Aura Essence "Energetic Cleansing".