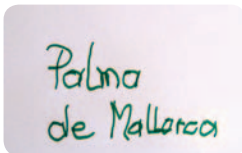


Angelic help for journeys

Many children are scared, going on journeys with their parents. This little ritual can help children to let go of fears or even defeat them, with the help of the angels.



- » Let your child draw a picture of your destination, or write the name of your holiday resort on a piece of paper.



- » Then your child can choose three Angel-Symbols.



- » Tell him/her to remember the name of the angels, who are accompanying you on your journey.



- » The three symbols are put in the hand luggage.



- » When boarding the car, plane, train or boat, your child can call the three angels whenever it wants.

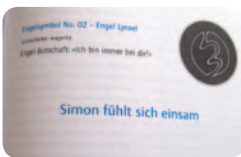


- » At the final destination your child puts the three symbols on a place he/she chooses.

Symbols – mirror of the soul (Tutorial 7)



» Whenever your child feels insecure or scared, it can call the three angels!



» In the evening you can read the three angel stories from the book!



» Back home you and your child thank the angelic helpers for the good and safe journey.



» If your child is worried about a member of the family who goes on a journey, it can put the three symbols on a drawing or photo of this person.